We are a **private orthotics** service that provides patients with **immediate access** to the leading **types of orthotics**.

# **ORTHCTICS**









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### Who we are

Orthotics UK is a private orthotics service that provides patients with immediate access to the leading orthotic solutions.



### Services to help you go further

We want you to make the most out of your life everyday. Our products can help you enhance your ability to work, during sport or in your home life. We help you to create and make the most of opportunities and see out your full potential.

### **Our mission**

Our mission is to achieve effective results for all patients by providing them with immediate access to the best possible orthotic solutions that fulfil their requirements and achieve their goals.

### **Our process**

We want to **maximise** your performance and achieve effective results for you. Our service is always immediately and easily accessible.

# We provide leading orthotics and medicolegal services throughout the UK with clinics based in Liverpool, Leeds and Manchester.

### **Our values**

### **Patient centered**

Patients are at the heart of everything we do. Every decision we make, every action we take, is done to ensure we provide our patients with the best possible service.





### Maximising performance & opportunities

We believe in giving all our patients the best opportunities possible. We do this by providing them with orthotics that maximise their performance.

### Innovative

We believe if you are not moving forwards you are moving backwards. We invest heavily in innovation to deliver an advanced clinical service that will put our patients first.



### **Exceeding expectations**

We believe in exceeding expectations we do this by providing immediate access to the best possible orthotic service and products that maximise client satisfaction.



### A bespoke service that meets your needs

Orthotics UK are committed to providing a service that stands out. We are always looking for the latest and best ways to help us achieve our aims:

- To provide an effective service.
- To achieve results for all patients.
- To provide patients with immediate access to the service.
- To provide patients with the best possible orthotic solutions.
- To fulfil patients requirements.
- To help patients achieve their goals. 0



### Accessible & reliable

We believe in providing a service that is accessible and reliable. We want to consistently provide clients with effective solutions and quick results.

### **Services**

## We provide a range of services to suit all of your orthotic needs. Some of the services we provide include:

### Assessments and reports

Our experienced orthotists will complete full assessments to establish your orthotic requirements. Our orthotists are also able to provide comprehensive reports of their findings if required.

### **Bespoke orthotics**

Orthotists at Orthotics UK will work with you to ensure your bespoke orthotic solutions enable you to reach your full potential.

### **Review**

Reviews are an important aspect of orthotic treatment, as they allow our orthotists to check the device is still performing appropriately for your needs and make changes or adaptations if appropriate. They are also a chance for you to see your improvements and provide us with feedback.

### Home visits

Visiting a clinic can prove difficult to some, at Orthotics UK we are able to offer visits to other locations such as your home, work or sports field.

### Lycra clinic

Bespoke lycra garments can be used as an orthotic solution to a wide variety of conditions. At Orthotics UK our experienced orthotists are able to assess and measure you to ensure you receive the perfect garment for your needs.

### Multidisciplinary assessments

At Orthotics UK we understand teamwork is essential to achieving results and therefore offer adaptable multidisciplinary assessments which can include a wide range of healthcare professionals.

### Paediatric clinic

Children can have complex needs and requirements we have a dedicated paediatric team of different healthcare professionals to ensure bespoke solutions are found.

### Second opinions

If you are unsure about the advice you have received in any aspect of your orthotic treatment our experienced orthotists are able to provide you with a second opinion.

### Spasticity clinic

Spasticity can have a large impact on your ability to complete day to day activities and tasks. Our experienced multidisciplinary team are able to provide you with a range of solutions to support you and help to improve your function.



### Sport and performance clinic

At Orthotics UK we want to help you to improve and enhance your performance, support you through your rehabilitation and provide you with protective devices. We have a range of healthcare professionals available to help you be the best you can be.

### Foot drop clinic

We have a range of treatments and services including different types of orthotics for your foot drop.

### **Gait analysis**

Orthotics UK is able to complete in depth gait analysis to provide greater insight and understanding of your body and any difficulties you may be experiencing.

At Orthotics UK we work with a wide range of individuals and organisations in order to provide you with the best service possible.

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### **Orthotic provision**

Orthotics UK has access to all orthotic devices currently on the market, including those only available to independent practitioners. Our expert orthotists are able to recommend a wide range of solutions to ensure a device that suits your individual needs and lifestyle choices.

Orthotics can be used to:

- Adjust the alignment of forces and stresses through structures in the body to reduce pain and prevent injury from occurring
- Support musculature and assist function. Replace the function of damaged/ weak musculature
- Stabilise joints and assist movement through a healthy range of motion
- Prevent damage to nerves and tissues during rehabilitation, or following injury
- Promote efficient gait and walking patterns
- Provide structural guidance to assist healthy bone development

We work with a range of manufacturers to allow our experienced orthotists the freedom to work with an extensive range of materials and provide the best orthotic solution for you.



### Examples of orthotic solutions that we can provide include:



### Ankle foot orthosis (AFO)

AFOs can be utilised for a range of purposes where improving the alignment of the foot and ankle can help, or when restriction of joint motion is beneficial.



#### **Knee braces**

Knee braces can be used as part of rehabilitation following injury, or to help manage instabilities and long term conditions affecting the knee joint.



# Upper limb orthotics We provide a large range of upper limb orthotics to support everything from your little finger to your whole arm.











### Spasticity management

In our spasticity clinic, our multidisciplinary team can offer services and treatments to help manage the effects of spasticity for people of all ages.

### Lycra orthoses

They have a range of applications from preventing sports injury to combating spasticity.



### What we treat

Orthotics UK can provide access to orthotic devices that offer effective treatment and management for a wide range of medical conditions. Some of the most common conditions that we provide orthoses to patients for include:

- Plantar fasciitis
- Drop foot
- Tennis elbow
- Golfer's elbow
- Neuroma
- Flatfoot
- High arched foot
- Knee pain

- Hip pain
- Back pain
- Leg length discrepancies
- Arthritis
- Multiple sclerosis
- Motor neurone disease
- Stroke
- Cerebral palsy









We are **able** to offer **orthotic intervention** to individuals of **any age** and **ability** from children to adults. Our experienced orthotists are also able to offer **sport** specific orthotic **solutions** to athletes of **every level**.



### Who we work with

## At Orthotics UK we work with a wide range of individuals and organisations.

#### **Individuals**

Individual needs vary widely from person to person. Our orthotists work with patients to ensure a bespoke device tailored to meet the requirements of every individual person we treat. Orthotics UK offer access to an extensive range of orthotic devices for treating a wide range of conditions and it is possible for people to self refer into our services.

#### **Children**

We provide specialist footwear, paediatric gait analysis and treatment for flat head syndrome amongst other services specifically for children. Our orthotists are experienced in working with children and are friendly and patient.

#### **Solicitors**

Our orthotists are able to produce legal reports suitable for solicitors for a range of purposes. Any reports that are requested can be provided such that they adhere to CPR part 35 and PD 35. Orthotics UK provide expert witness statements and other reports suitable for legal purposes from across our multidisciplinary team.

### **Charities**

We are always interested in establishing new links and partnerships with charities and other organisations to help support the vital work that they do.

#### Schools

Orthotics UK works with private schools, free schools, academies and special schools to provide a number of services. This provision can include visits for individual pupils or groups, and mobile clinics for assessment and fitting.

#### **Care homes**

We work with care homes to provide a number of services, including visits and provision for residents and support with social care. Orthotics UK provides access to an extensive range of specialist orthotics to treat many conditions including stroke, arthritis.

### **Local authorities**

We are able to work with Local Authorities to deliver our service to LEA schools and LA owned care homes as well as providing orthotic intervention as a potential alternative to relocating into a care home. Orthotics UK provides access to an extensive range of specialist orthotics to treat many conditions including cerebral palsy, stroke and arthritis.

#### Case managers

Our orthotists are medico-legally trained and are able to work with case managers to ensure the best possible care for clients.

# "Don't wait for bespoke orthotics services."

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> Whilst we have a large team of **healthcare professionals** available at Orthotics UK we acknowledge that it may be **necessary** to work with **external** healthcare professionals to help you be the best.

We are **able to coordinate** care with other healthcare professionals from within the **NHS** or other **private companies** if required. We **work** closely with **case managers**, **solicitors**, **charities and organisations**.

Home visits

Avdrotherapy



### Visit our clinics

Our head office: 6 Minshull Street, Manchester, M1 3ED

### **Contact**

- Call us on 0330 088 3949
- Email us at office@orthotics.co.uk
- Visit us on www.orthotics.co.uk

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